

# THYROID SEMINAR

Arranged by ASSOCIATION OF FUNCTIONAL MEDICINE IN FINLAND

Topic: Atypical hypothyroidism - Non-thyroidal-illness

Saturday 22th March 2013 9 am to 5.30 pm,

Hanasaari - The Swedish-Finnish Culture Centre

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Language: English and Finnish

9-9.30 Registration and coffee break 30 min

9. 30 Welcome and introduction, by Erkki Antila FT, LL, Chairman of the Board (FLY)

9.50 Dr. Helena Rooth Svensson: "The thyroid gland and the mitochondria -  
Co-operation and significance for the individual."

11.00 Lunch

12.00 Dr. Helena Rooth Svensson: "Can we have hypothyroidism despite normal  
laboratory tests? Tissue hypothyroidism from prehistoric times to modern medicine."

13.00 Katariina Ylinen, dental specialist, HLL, University lecturer at University of  
Helsinki: "Combination therapy preserved the ability to work – the patient's story".

13.50 Ringa Ruisniemi Personal Trainer : My experiences as a Liothyronin-  
monotherapy-patient

14.20 Coffee break 20 min

14.40 Asta Tirronen, Executive Director " Messages from the Finnish Thyroid Association"

15.10 Erkki Antila, "Theory and practice in difficult cases of hypothyroidism. "

16.40 Päivi Mäkeläinen, LL, DI, biochemist "New thyroid book coming"

17.00 Discussion and closing words